

28th EAST MIDLANDS GRAND PRIX 2011			The Running Shop 11 St Leonard's Road Far Cotton Northampton NN4 9DL Tel: 01604 701961 www.runningshop.co.uk
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BANBURY 5

Under UKA Rules, Level 1 Medical Cover, Permit No. ---
 Certificate of Course Accuracy SEAA 02/063



TUESDAY 7 JUNE 2011 at 7.45pm

A 5-mile road race on the outskirts of Banbury starting and finishing
 near 'The Easington' pub on the A361 Banbury to Chipping Norton road

Full changing and toilet facilities at nearby Banbury School in Ruskin Road

Course Record: Barney O'Connor (Massey F.) 23m 35s (1988)

Prizes: Men – 5 Sen, 5 V40, 2 V45, 1 V50, 1 V55, 1 V60, 1 JM

Women – 3 Sen, 2 V35, 1 V40, 1 V45, 1 V50, 1 JL

.....plus team prizes.

Closing date: 31 May 2011

Race limited: 400 runners

Entry Fee: Attached: £6.00 in advance / £8.00 on race night

Unattached: £8.00 in advance / £10.00 on race night

Cheques to be made payable to 'Banbury Harriers AC'

For information/results on East Midlands Grand Prix series visit www.emgp.org.uk

NAME OF RACE YOU WISH TO ENTER	BANBURY 5		
SURNAME		FORENAME	SEX (M/F)
AFFILIATED CLUB		ENGLAND ATHLETICS NO.	
AGE ON RACE DAY	(Must be 15 or over on day of race)		
ADDRESS		POSTCODE	
EMAIL ADDRESS		PHONE NO.	
FEE ENCLOSED (add £2.00 for replacement number)		GRAND PRIX NUMBER (if you have one)	
I hereby declare that I am an amateur according to UKA laws. I am medically fit to run & understand that I enter at my own risk and that the organisers will not in any way be held responsible for any injury incurred during or as a result of the event or for any property lost on the course or in the changing rooms.			
<input type="checkbox"/> I do not want any organising clubs to pass my details on to the event sponsors & race organisers			
SIGNED		DATED	PLEASE SEND SAE FOR RACE NUMBER AND DETAILS

Return to:

The Race Secretary, 6 Crouch Street, Banbury, Oxon, OX16 9PP

Enclose: Entry fee and SAE for race number, travel directions etc.