

Banbury 5 Prizewinners 2023

Men

1	1117	Skip Snelson	MS	24:45	Banbury Harriers AC	MS1
2	346	Haydn Arnall	MS	25:02	Rugby & Northampton AC	MS2
3	1010	David Brewis	MS	26:19	Sphinx AC	MS3
1	620	David Ball	M40	27:15	Rugby & Northampton AC	M401
2	312	Andrew Siggers	M40	27:29	Rugby & Northampton AC	M402
3	751	John Wayland	M45	27:49	Wellingborough & District AC	M403
1	783	Stephen Marks	M45	28:22	Rugby & Northampton AC	M45
1	192	Pawel Langer	M50	29:23	Sphinx AC	M50
1	1045	Tony Letts	M55	30:26	Northampton Road Runners	M55
1	142	Tommy Hughes	M60	29:46	Leicester Coritanian AC	M60
1	223	John Skelton	M70	33:20	Marshall Milton Keynes AC	M65
1	1088	Ron Searle	M70	35:33	Kettering Town Harriers	M70
1	1106	John Butler	M75	57:45	Stratford Upon Avon AC	M75
1	1118	Ruben Snelson	M20	29:03	Banbury Harriers AC	M20

Team

2	346	Haydn Arnall	MS	25:02	Rugby & Northampton AC
5	620	David Ball	M40	27:15	Rugby & Northampton AC
6	312	Andrew Siggers	M40	27:29	Rugby & Northampton AC
10	1089	Jack Halsey	MS	28:10	Rugby & Northampton AC

Women

1	1026	Rachel Doherty	FS	30:17	Higham Harriers	FS1
2	288	Kelly Barnett	FS	30:19	Daventry AAC	FS2
3	497	Rosanna Andrews	FS	30:25	Rugby & Northampton AC	FS3
1	213	Rachel Cooke	F50	31:39	Buckingham & Stowe RC	F351
2	1104	Zoe Kemp	F45	32:21	Human Energy AC	F352
3	1032	Helen Gibbs	F40	32:46	Shenley Striders	F353
1	1031	Susanna Ghisu	F45	34:09	Buckingham & Stowe RC	F40
1	327	Lynne Nicholls	F45	34:47	Northampton Road Runners	F45
1	762	Debbie Morris	F50	36:09	Buckingham & Stowe RC	F50
1	1023	Sarah Davis	F55	35:32	Higham Harriers	F55
1	227	Kate Bond	F60	37:00	Daventry Road Runners	F60
1	1094	Sally Hewitt	F65	50:19	Wellingborough & District AC	F65
1	314	Angela Copson	F75	41:12	Rugby & Northampton AC	F70
1	1043	Tilly Lainchbury	F20	34:54	Banbury Harriers AC	F20

Team

63	213	Rachel Cooke	F50	31:39	Buckingham & Stowe RC
111	1031	Susanna Ghisu	F45	34:09	Buckingham & Stowe RC
116	241	Katherine Stewart	F35	34:35	Buckingham & Stowe RC